



# GLASGOW GOLF UNION

## HELPING TO GROW GOLF IN GLASGOW

### JUNIOR DEVELOPMENT COACHING – STRATEGY DOCUMENT

All Coaching delivery will be led by GGU Coach Alastair Forsyth however it is recognised additional coaching support may be required under the direction and supervision of Alastair. This may include fitness and wellbeing sessions where appropriate.

#### Stage 1

- Provide introductory sessions available to all Junior members of GGU affiliated Clubs up to 12 years of age (basic skills development such as alignment, grip, ball position, chipping and putting will be coached)

Maximum 3 per year to allow all Juniors up to 12 to participate in at least one session.

Individual data to be retained and future performance monitored. Selected Juniors from within this area will be invited to progress to stage 2.

We will also hold our Annual Skills Event at a suitable venue and invite up to 4 Juniors per Club split between U12's and U15's age groups.

#### Stage 2

- Talent ID sessions (up to 2) will be provided to targeted Juniors up to 15 years of age who have shown some promise by performance and or handicap reduction within their Clubs. These sessions are by invitation and would involve up to a maximum 4 per Club attending. Advice will be sought from Junior Conveners/Club Professionals and Team Managers in relation to invitations.

#### Stage 3

- Selected Junior Members placed into groups of up to maximum 8 for further Development Coaching delivered over 4 sessions. Additional on course and short game sessions will form part of these sessions. It is expected that the GGU Junior Team will be selected from within these groups in addition to those in stage 4. The GGU Coach will specify a programme to be delivered during these sessions and provide targets and goal setting which will then be monitored against targets set. Attitude and enthusiasm to learn will also be important development areas.

#### Stage 4

- A top group up to a maximum of 8 players will be selected for additional sessions with more focus on preparation, course management and fitness. It is expected that the 4 boy Area Team will come from this group. These players will be expected to be single figure handicap, keen to represent Glasgow and enter individual regional and national competitions to aid development and exposure.





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Juniors within stages 3 and 4 who show all the required aptitudes and potential to develop may be recommended to Scottish Golf for consideration in joining their academy programme. It is recognised that GGU funding is available for these programmes however each stage will be fully costed with value for money and player potential remaining key factors in determining numbers involved. Mearns Castle will be our main coaching centre however additional facilities will be utilised where required.

### Targets

Stage 1 – Numbers attending at least 1 session should exceed 20

Stage 2 – Select up to 16 Juniors to attend for talent ID selection

Stage 3 – Identify at least 8

Stage 4 – 8 Players from which the Area Team will be selected.

### Coach Feedback

AF will provide monthly feedback reports on progress of participants attending GGU coaching. Feedback will include detail on handicap and performance improvements with notes on specific areas of improvement for each player. These can be made available to Club's at year end?

AF will work closely with the Junior Development Convener and Junior Team Manager to consider Team selection during the season.

In addition to the above stages our annual skills testing day will take place around August each year with up to 4 Juniors per Club invited in two groups determined by age. Prizes will be awarded on the day to the winners and runners up. Venue and date to be determined each year based on availability and potential numbers.

Sandy Anderson

Junior Development Convener & Vice President GGU

Alastair Forsyth PGA professional & GGU Coach

